

Guiding Principles of Therapeutic Modalities

The Therapeutic Modalities in our specialized treatment programs use state of the art medical technology that has been used safely and effectively for many years among people of all ages. The treatments are comfortable and well accepted by patients. The Guiding principles of Therapeutic Modalities promote safety and effectiveness. The Guiding principles of Therapeutic Modalities are as follow -

1. It is essential that the therapist must have a good scientific knowledge of Therapeutic Modalities.
2. The therapist must have to know about Physiological, Chemical and Psychological effects of Therapeutic Modalities.
3. He should be able to observe carefully.
4. The patient should be placed in a comfortable position.
5. The temperature of the environment should be comfortable.
6. Breathing should be normal at the time of physical therapy.
7. Classify the various modalities according to the type of energy utilized by each.
8. The therapist must have to use the appropriate temperature of the each modalities of physical therapy.
9. The patient should be provided with a way to alert the doctor or the therapist if he/she thinks that any physical therapy causing discomfort.
10. Whenever possible, procedures of electrotherapies should be used on a wooden bench.
11. Massage should be given superficial to deep to superficial
12. Massage should be given to the periphery to centre to periphery.

B.D., M.G.M.

.D., M.G.M.